Developing Academic Identity

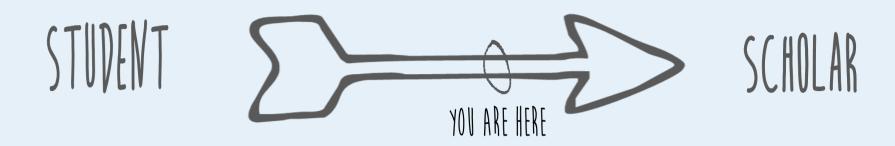
Insights from the Michigan Doctoral Experience Stud

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Office of Institutional Research
Rackham Graduate School

Inaugural Rackham Faculty Symposium May 6, 2019









The Self-Determination Continuum

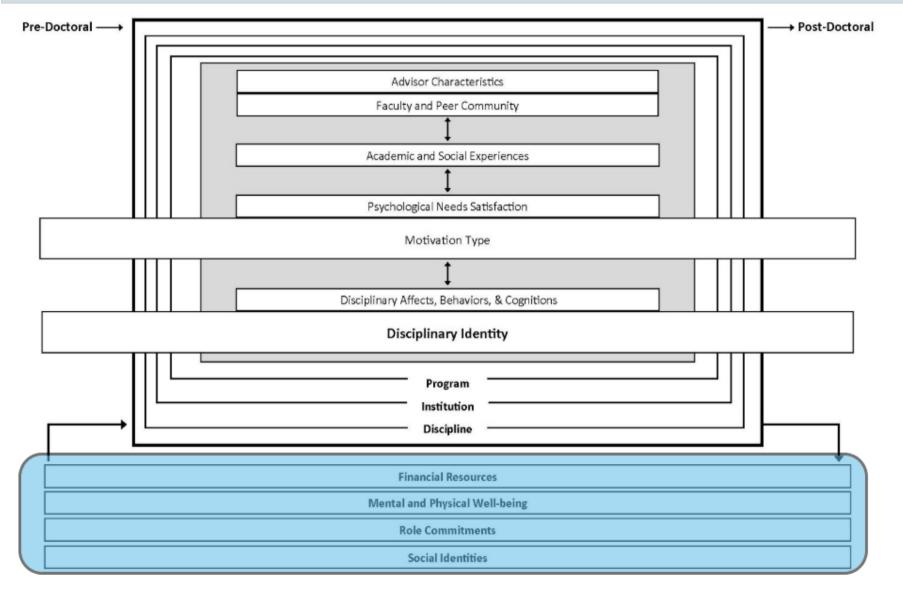
Non Self-Determined

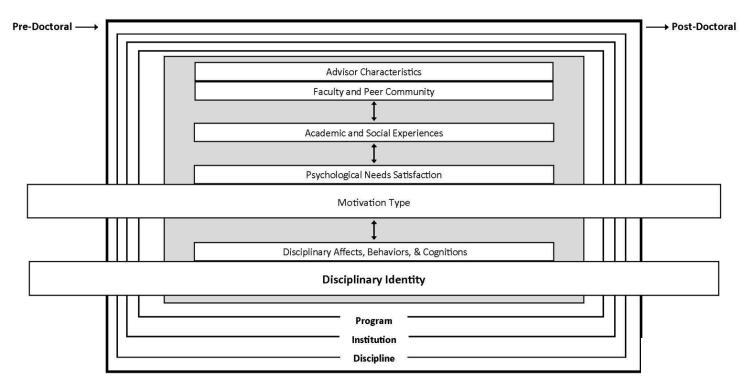
No Motivation

Extrinsic Motivation

Intrinsic
Motivation

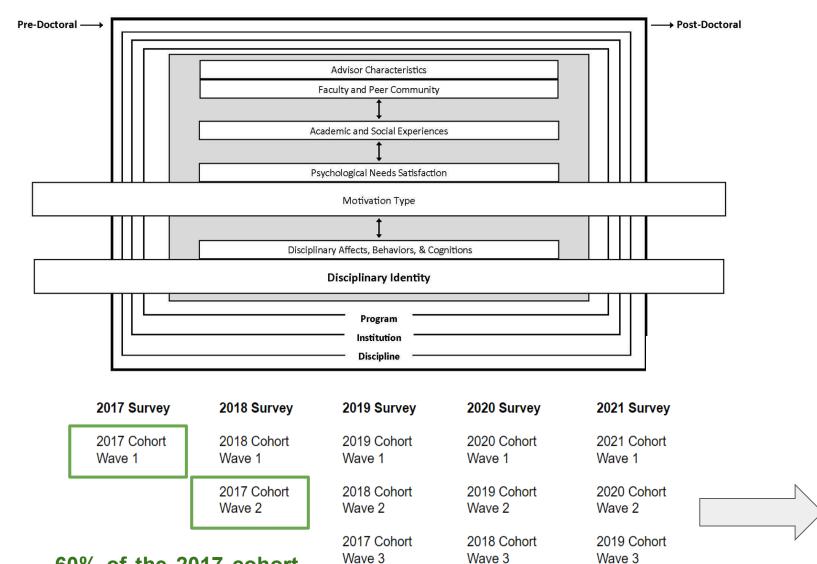
Conceptual Model





	2017 Survey	2018 Survey	2019 Survey	2020 Survey	2021 Survey	
	2017 Cohort Wave 1	2018 Cohort Wave 1	2019 Cohort Wave 1	2020 Cohort Wave 1	2021 Cohort Wave 1	
		2017 Cohort Wave 2	2018 Cohort Wave 2	2019 Cohort Wave 2	2020 Cohort Wave 2	
			2017 Cohort Wave 3	2018 Cohort Wave 3	2019 Cohort Wave 3	
				2017 Cohort Wave 4	2018 Cohort Wave 4	
					2017 Cohort	

Wave 5



60% of the 2017 cohort responded to both the Wave 1 & 2 surveys; N=598 students.

2017 Cohort 2018 Cohort Wave 4 Wave 4 2017 Cohort

Wave 5

Research Questions

1. Upon entering their doctoral programs, what are students' levels of **well-being**, career and educational **expectations**, and academic **self-beliefs**?

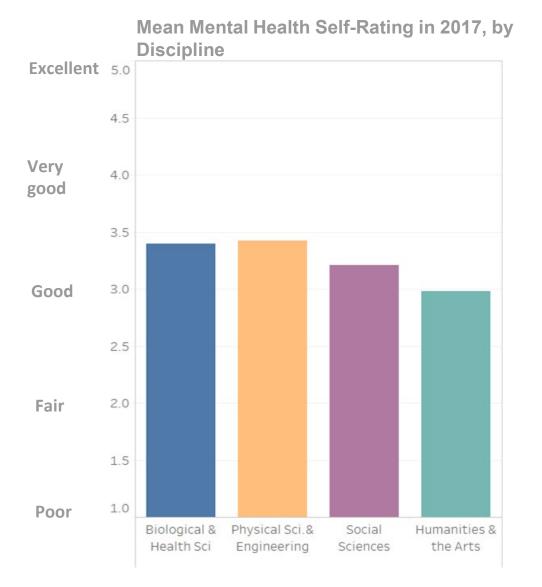
Do these traits vary by discipline type?

2. How do well-being levels, expectations, and self-beliefs change during the first year of doctoral study?

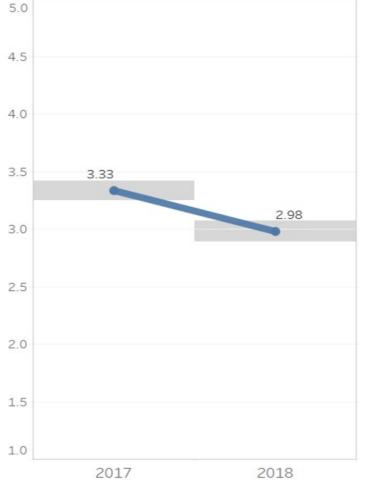
Do these changes vary by discipline type?

Mental Health

Measured at third week of fall term

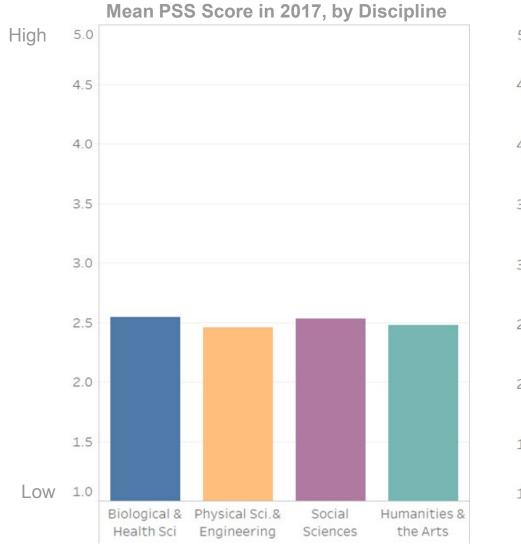


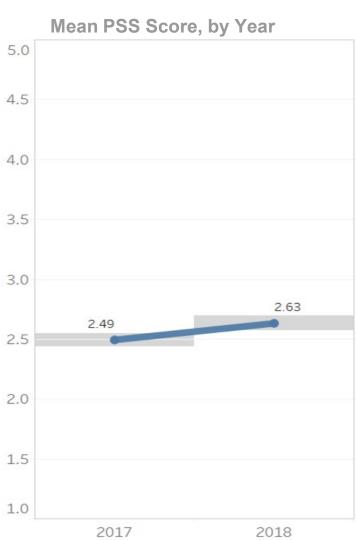
Mean Mental Health Self-Rating, by Year



Stress Intensity

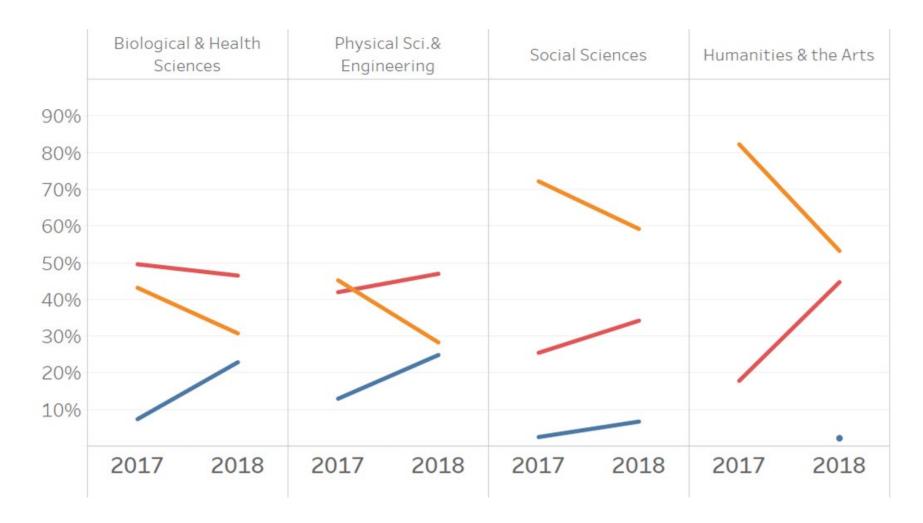
Perceived Stress Scale (PSS-4, Cohen) by Discipline Type and Year



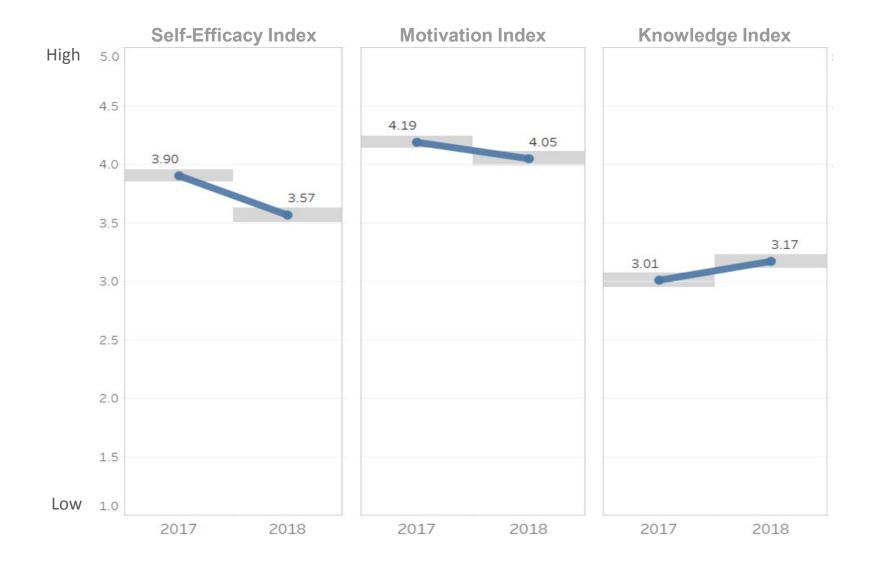


Career Plans



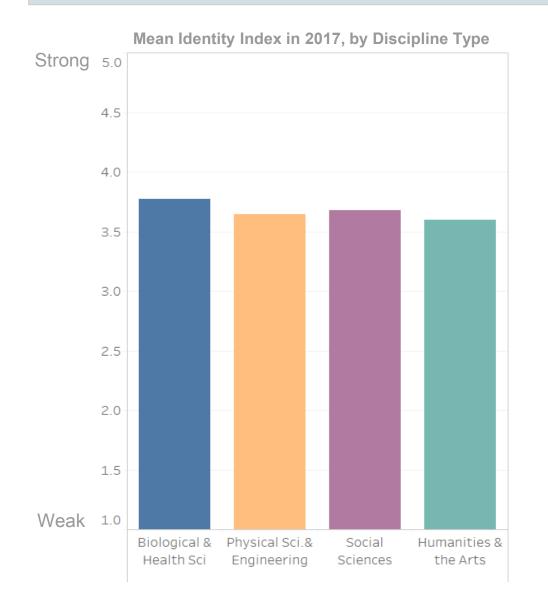


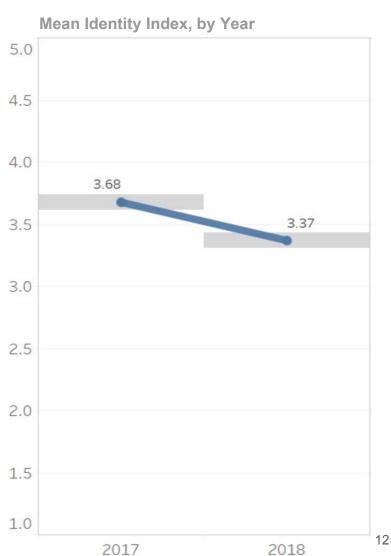
Self-beliefs and motivation



Disciplinary Identity

Disciplinary Identity Index by Discipline Type and Year





Exploratory Findings

On average, Ph.D. students at UM enter their programs with:

- Good very good mental health
- High self-efficacy
- High intrinsic motivation
- High levels of disciplinary identity

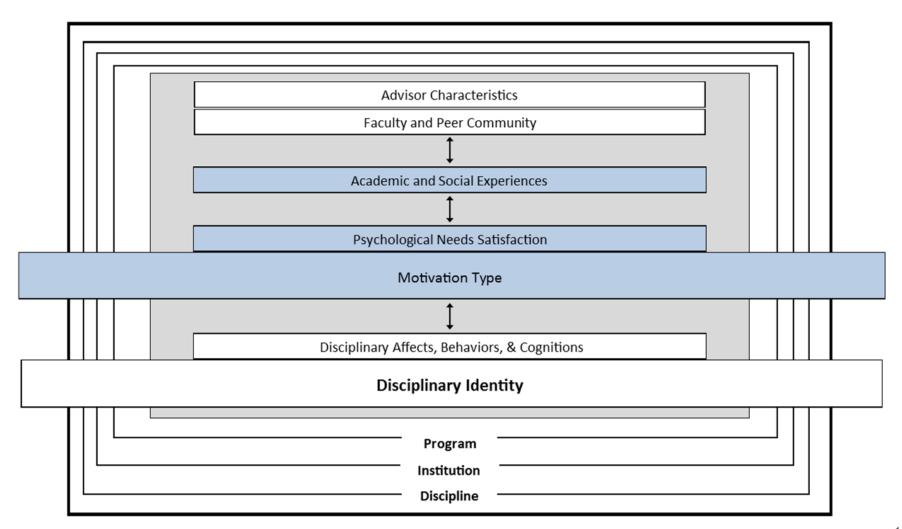
The first year of Ph.D. study is associated with:

- Small but significant declines in all of the aforementioned constructs
- Becoming less certain about plans to pursue tenure-track positions

One area of improvement from Year 1 to Year 2: perceptions of possessing disciplinary knowledge

Next Steps

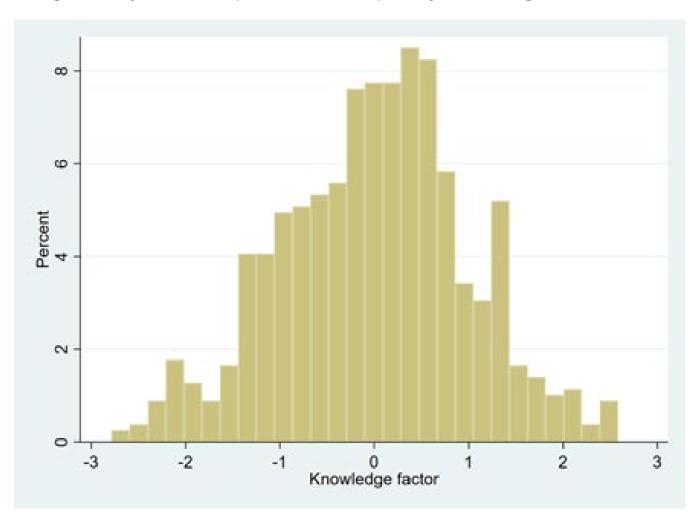
Formal testing of our conceptual model and examining sources of variation in constructs



Next Steps

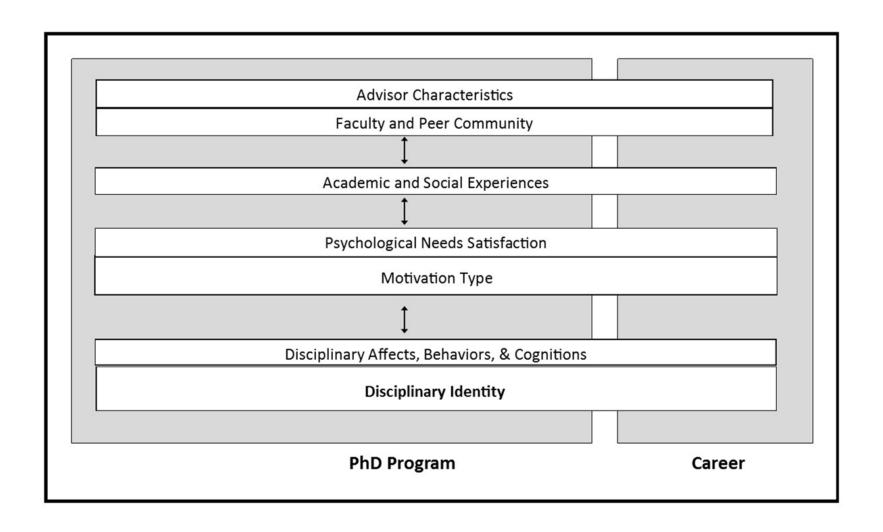
Formal testing of our conceptual model and examining sources of variation in constructs

Histogram of year 1 self-perceived disciplinary knowledge factor scores



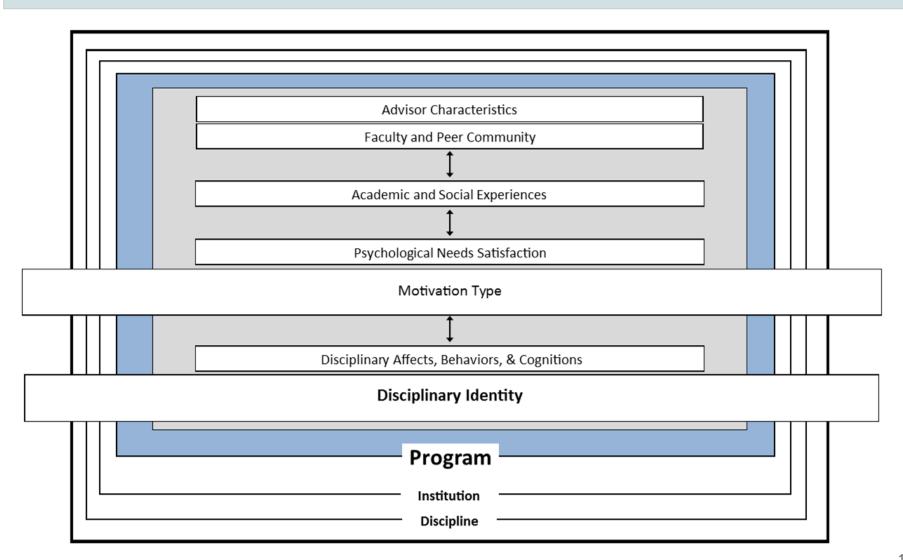
Next Steps Extending study of disciplinar into early career and beyond

Extending study of disciplinary identity development



Next Steps

Partnering with faculty to better understand the graduate student experience

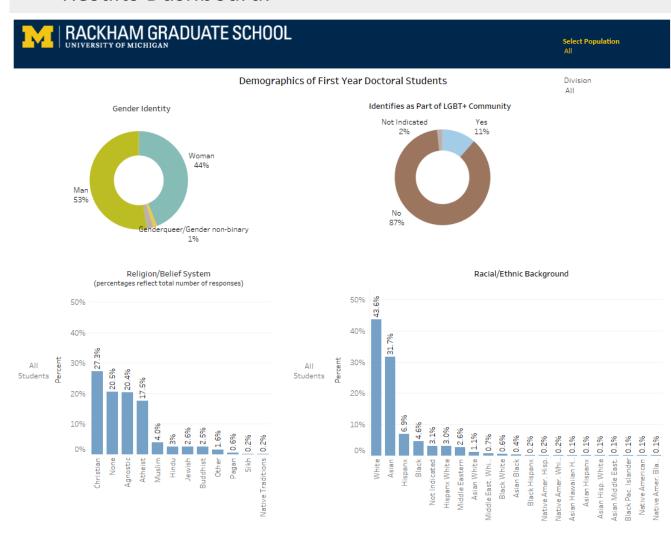


Follow our Progress

Michigan Doctoral Experience Study website:

https://rackham.umich.edu/mdes

Results Dashboard:



Questions Suggestions